

Information  
about  
volunteering  
opportunities



Gate for **VOLUNTEERS**

[www.vabatahtlikud.ee](http://www.vabatahtlikud.ee)

### From the gate for volunteers you can find:

- lots of ads from Estonian associations
- personal storie and blog posts
- handbooks and other useful materials

### As a volunteer you can:

- benefit the local associations
- explore and challange yourself
- learn new skills, get different experiences
- find new friends, become part of the community
- spend free time meaningfully and have fun

come  
become a  
**VOLUNTEER**

# 477 831

volunteer all over Estonia, come join!

Volunteers  
2013-2018

31%

47%

the number of  
volunteers has  
increased with five years



47%

53%



19%



9%



49%



10%

## The principals of good citizens

- A good citizen knows their place in the world and among other people and understands that living beings are more important than things
- Helps loved ones and strangers and supports the weaker
- Stands up against injustice and violence
- Works and pursues lifelong learning
- Respects their country and its holidays, knows the constitution and legal system and respects the law even in small things
- Is interested in what goes on in the society, is politically aware and active and does not see themselves as insignificant
- Respects human dignity, equality and the right of others to be different
- Cares for the nature, shows consideration for other living beings and the next generations
- Knows history and respects their own culture and that of others
- Is honest, kind, friendly and appreciates good humor

## The main areas where volunteers contribute:

- Advancing local communities
- Environmental protection
- Education and science
- Sports and physical training
- Animal protection
- Youth work and child protection
- Internal safety and rescue

**There's plenty to do for everyone!  
Look at the ads at the gate for  
volunteers**

No matter  
how old you are,  
where you come from,  
the language you speak,  
come and become  
a volunteer!



SISEMINISTEERIUM



Euroopa Liit  
Euroopa Sotsiaalfond



Eesti  
tuleviku heaks

VABA  
ÜHENDUSTE  
LIIT